

Lundi , 18.03

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 19.03

17:50 - 18:20

P.I.I.T
Renate

18:30 - 19:25

TRX
Cornelia

Mercredi , 20.03

17:50 - 18:45

Pilates
Karin

Jeudi , 21.03

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 22.03

09:10 - 10:05

Power Yoga
Yinny

17:45 - 18:40

Pump
Renate

Samedi , 23.03

Dimanche , 24.03

10:00 - 10:55

Functional Workout
Nicole