

Lundi , 22.01

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 23.01

17:50 - 18:20

Upcon
Nicole

18:30 - 19:25

TRX
Janine

Mercredi , 24.01

17:50 - 18:45

Power Yoga
Yinny

Jeudi , 25.01

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 26.01

09:10 - 10:05

Power Yoga
Yinny

Samedi , 27.01

Dimanche , 28.01

10:00 - 10:55

Functional Workout
Nicole