

Lundi , 15.01

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 16.01

17:50 - 18:20

Upcon
Nicole

18:30 - 19:25

TRX
Cornelia

Mercredi , 17.01

17:50 - 18:45

Power Yoga
Yinny

Jeudi , 18.01

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 19.01

09:10 - 10:05

Power Yoga
Yinny

Samedi , 20.01

Dimanche , 21.01

10:00 - 10:55

TRX
Janine