

### Lundi , 11.12

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Angela

#### 19:10 - 20:05

*Zumba*  
Karin

### Mardi , 12.12

#### 18:00 - 18:30

*Functional Workout*  
Nicole

#### 18:30 - 19:25

*TRX*  
Marina

### Mercredi , 13.12

#### 17:50 - 18:45

*Power Yoga*  
Yinny

### Jeudi , 14.12

#### 18:00 - 18:55

*TRX*  
Janine

#### 19:10 - 20:05

*Zumba*  
Karin

### Vendredi , 15.12

#### 09:10 - 10:05

*Power Yoga*  
Yinny

### Samedi , 16.12

### Dimanche , 17.12

#### 10:00 - 10:55

*Upcon*  
Nicole