

Lundi , 04.12

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 05.12

18:00 - 18:30

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 06.12

17:50 - 18:45

Pilates
Roland

19:00 - 19:55

Pump
Marina

Jeudi , 07.12

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 08.12

09:10 - 10:05

Power Yoga
Yinny

Samedi , 09.12

Dimanche , 10.12

10:00 - 10:55

TRX
Marina