

Lundi , 27.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 28.11

18:00 - 18:30

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 29.11

17:50 - 18:45

Pilates
Cynthia

17:50 - 18:45

Pilates
Karin

19:00 - 19:55

Pump
Marina

Jeudi , 30.11

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 01.12

09:10 - 10:05

Power Yoga
Yinny

Samedi , 02.12

Dimanche , 03.12

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia