

Lundi , 20.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 21.11

18:00 - 18:30

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 22.11

17:50 - 18:45

Power Yoga
Yinny

19:00 - 19:55

Pump
Marina

Jeudi , 23.11

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Eva

Vendredi , 24.11

09:10 - 10:05

Power Yoga
Yinny

Samedi , 25.11

Dimanche , 26.11

10:00 - 10:55

TRX
Janine