

Lundi , 23.10

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 24.10

18:00 - 18:30

Upcon
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 25.10

17:50 - 18:45

Pilates
Roland

19:00 - 19:55

Pump
Marina

Jeudi , 26.10

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 27.10

09:10 - 10:05

Power Yoga
Yinny

Samedi , 28.10

Dimanche , 29.10