

**Lundi , 09.10**

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Cynthia

**19:10 - 20:05**

*Zumba*  
Karin

**Mardi , 10.10**

**18:00 - 18:30**

*Upcon*  
Marina

**18:30 - 19:25**

*TRX*  
Marina

**Mercredi , 11.10**

**17:50 - 18:45**

*Power Yoga*  
Yinny

**19:00 - 19:55**

*Pump*  
Marina

**Jeudi , 12.10**

**18:00 - 18:55**

*TRX*  
Janine

**19:10 - 20:05**

*Zumba*  
Karin

**Vendredi , 13.10**

**Samedi , 14.10**

**Dimanche , 15.10**