

Lundi , 25.09

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia

19:10 - 20:05

Zumba
Karin

Mardi , 26.09

18:00 - 18:30

Upcon
Nicole

18:30 - 19:25

TRX
Nicole

Mercredi , 27.09

17:50 - 18:45

Power Yoga
Yinny

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia

Jeudi , 28.09

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Dominique

Vendredi , 29.09

09:10 - 10:05

Pilates
Roland

Samedi , 30.09

Dimanche , 01.10