

Lundi , 11.09

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 12.09

18:00 - 18:30

Upcon
Nicole

18:30 - 19:25

TRX
Janine

Mercredi , 13.09

17:50 - 18:45

Stretching
Angela

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

Jeudi , 14.09

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 15.09

09:10 - 10:05

Power Yoga
Yinny

Samedi , 16.09

Dimanche , 17.09