

**Lundi , 16.12**

**18:30 - 19:00**

*P.I.I.T*  
Atilla

**19:15 - 20:10**

*Kick Power*  
Atilla

**Mardi , 17.12**

**09:15 - 10:10**

*Power Yoga*  
Ines

**18:30 - 19:25**

*Zumba*  
Petra

**19:45 - 20:15**

*P.I.I.T*  
Dario

**Mercredi , 18.12**

**18:00 - 18:55**

*Power Yoga*  
Ines

**19:00 - 19:55**

*Pump*  
Marion

**Jeudi , 19.12**

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

**Vendredi , 20.12**

**08:15 - 09:10**

*Power Yoga*  
Agnes

**18:30 - 19:25**

*Zumba*  
Padhy

**Samedi , 21.12**

**10:00 - 10:30**

*Simply Core*  
Atilla

**10:45 - 11:40**

*Functional Workout*  
Atilla

**Dimanche , 22.12**

**09:30 - 10:25**

*Step Aerobic*  
Marion

**10:30 - 11:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Marion