

Lundi , 30.09

Mardi , 01.10

09:15 - 10:10

Power Yoga
Randall

19:45 - 20:15

P.I.I.T
Dario

Mercredi , 02.10

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Jeudi , 03.10

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Vendredi , 04.10

08:15 - 09:10

Power Yoga
Agnes

18:30 - 19:25

Zumba
Padhy

Samedi , 05.10

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Dimanche , 06.10

10:30 - 11:25

Functional Workout
Sally