

Lundi , 01.07

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Mardi , 02.07

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

P.I.I.T
Dario

Mercredi , 03.07

12:15 - 13:10

Power Yoga
Agnes

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Jeudi , 04.07

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Vendredi , 05.07

18:30 - 19:25

Step Aerobic
Padhy

Samedi , 06.07

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Dimanche , 07.07

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario