

Lundi , 01.04

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Mardi , 02.04

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

P.I.I.T
Dario

Mercredi , 03.04

12:15 - 13:10

Power Yoga
Agnes

18:00 - 18:55

Power Yoga
Ines

Jeudi , 04.04

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Vendredi , 05.04

18:30 - 19:25

Step Aerobic
Atilla

Samedi , 06.04

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Dimanche , 07.04

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario