

Lundi , 29.01

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

19:15 - 20:10

Kick Power
Atilla

Mardi , 30.01

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

P.I.I.T
Dario

Mercredi , 31.01

12:15 - 13:10

Power Yoga
Agnes

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

BBP Special
Randall

Jeudi , 01.02

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Vendredi , 02.02

18:30 - 19:25

Step Aerobic
Padhy

Samedi , 03.02

10:00 - 10:30

Simply Core
Yvonne

10:45 - 11:40

Pump
Yvonne

Dimanche , 04.02

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion