

Lundi , 25.12

Mardi , 26.12

**09:15 - 10:10**

*Power Yoga*  
Ines

Mercredi , 27.12

**12:15 - 13:10**

*Power Yoga*  
Ines

**18:00 - 18:55**

*Pilates*  
Ines

**19:00 - 19:55**

*Pump*  
Marion

Jeudi , 28.12

**09:15 - 10:10**

*Zumba*  
Padhy

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

Vendredi , 29.12

**18:30 - 19:25**

*Step Aerobic*  
Padhy

Samedi , 30.12

**10:00 - 10:30**

*Simply Core*  
Marion

**10:45 - 11:40**

*Pump*  
Marion

Dimanche , 31.12

**10:30 - 11:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Marion