

**Lundi , 18.12**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

**19:15 - 20:10**

*Kick Power*  
Jennifer

**Mardi , 19.12**

**18:30 - 19:25**

*Zumba*  
Tanja

**19:45 - 20:15**

*P.I.I.T*  
Dario

**Mercredi , 20.12**

**12:15 - 13:10**

*Power Yoga*  
Agnes

**18:00 - 18:55**

*Pilates*  
Angela

**19:00 - 19:55**

*Pump*  
Marion

**Jeudi , 21.12**

**09:15 - 10:10**

*Zumba*  
Padhy

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

**19:30 - 20:25**

*Functional Workout*  
Sabine

**Vendredi , 22.12**

**18:30 - 19:25**

*Step Aerobic*  
Padhy

**Samedi , 23.12**

**10:00 - 10:30**

*P.I.I.T*  
Nadine

**10:45 - 11:40**

*Pump*  
Nadine

**Dimanche , 24.12**

**10:30 - 11:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Marion