

**Lundi , 09.10**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

**18:30 - 19:00**

*P.I.I.T*  
Atilla

**19:15 - 20:10**

*Kick Power*  
Atilla

**Mardi , 10.10**

**18:30 - 19:25**

*Zumba*  
Tanja

**19:45 - 20:15**

*P.I.I.T*  
Marion

**Mercredi , 11.10**

**18:00 - 18:55**

*Pilates*  
Angela

**19:00 - 19:55**

*Pump*  
Marion

**Jeudi , 12.10**

**09:15 - 10:10**

*Zumba*  
Padhy

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

**19:30 - 20:25**

*Deep Work*  
Noy

**Vendredi , 13.10**

**18:30 - 19:25**

*Step Aerobic*  
Padhy

**Samedi , 14.10**

**10:00 - 10:30**

*Simply Core*  
Noy

**10:45 - 11:40**

*Pump*  
Noy

**Dimanche , 15.10**

**10:30 - 11:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Noy