

Lundi , 11.09

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Mardi , 12.09

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

P.I.I.T
Dario

Mercredi , 13.09

18:00 - 18:55

Pilates
Angela

Jeudi , 14.09

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

19:30 - 20:25

Functional Workout
Sabine

Vendredi , 15.09

18:30 - 19:25

Step Aerobic
Padhy

Samedi , 16.09

10:45 - 11:40

Pump
Tanja

Dimanche , 17.09

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario