

**Lundi , 31.03**

**09:05 - 10:00**

*Full Body Workout*  
Nicole

**10:15 - 11:10**

*Pilates*  
Anna

**12:15 - 13:10**

*Yoga*  
Fabienne

**18:00 - 18:30**

*P.I.I.T*  
Myrta

**18:35 - 19:05**

*Simply Core*  
Myrta

**20:00 - 20:55**

*Pump*  
Darina

**Mardi , 01.04**

**09:15 - 10:10**

*Pilates*  
Dominique

**19:00 - 19:55**

*Cycling*  
Patrik

**Mercredi , 02.04**

**09:15 - 09:40**

*Simply Core*  
Romana

**09:50 - 10:20**

*P.I.I.T*  
Romana

**12:15 - 13:10**

*Pump*  
Darina

**19:00 - 19:55**

*Mobility & Strength*  
Marion

**Jeudi , 03.04**

**09:30 - 10:25**

*Yoga*  
Fabienne

**18:00 - 18:55**

*Zumba*  
Andrea

**18:30 - 19:25**

*Cycling*  
Patrik

**19:00 - 19:55**

*Pilates*  
Dominique

**Vendredi , 04.04**

**08:15 - 08:45**

*P.I.I.T*  
Dominique

**08:50 - 09:20**

*Simply Core*  
Dominique

**Samedi , 05.04**

**Dimanche , 06.04**