

Lundi , 24.03

09:05 - 10:00

Full Body Workout
Nicole

10:15 - 11:10

Pilates
Anna

12:15 - 13:10

Yoga
Fabienne

18:00 - 18:30

P.I.I.T
Myrta

18:35 - 19:05

Simply Core
Myrta

Mardi , 25.03

09:15 - 10:10

Pilates
Dominique

19:00 - 19:55

Cycling
Patrik

Mercredi , 26.03

09:15 - 09:40

Simply Core
Romana

09:50 - 10:20

P.I.I.T
Romana

12:15 - 12:40

P.I.I.T
Myrta

12:45 - 13:10

Simply Core
Myrta

19:00 - 19:55

Mobility & Strength
Marion

Jeudi , 27.03

09:30 - 10:25

Yoga
Fabienne

18:00 - 18:55

Zumba
Andrea

18:30 - 19:25

Cycling
Patrik

19:00 - 19:55

Pilates
Dominique

Vendredi , 28.03

08:15 - 08:45

P.I.I.T
Dominique

08:50 - 09:20

Simply Core
Dominique

Samedi , 29.03

Dimanche , 30.03