

Lundi , 24.02

09:05 - 10:00

Full Body Workout
Nicole

10:15 - 11:10

Pilates
Anna

12:15 - 13:10

Yoga
Fabienne

18:00 - 18:30

P.I.I.T
Myrta

18:35 - 19:05

Simply Core
Myrta

20:00 - 20:55

Pump
Darina

Mardi , 25.02

09:15 - 10:10

Pilates
Tina

19:00 - 19:55

Cycling
Patrik

Mercredi , 26.02

09:15 - 09:40

Simply Core
Romana

09:50 - 10:20

P.I.I.T
Romana

12:15 - 13:10

Pump
Darina

19:00 - 19:55

Mobility & Strength
Marion

Jeudi , 27.02

09:30 - 10:25

Yoga
Fabienne

18:00 - 18:55

Zumba
Andrea

18:30 - 19:25

Cycling
Patrik

19:00 - 19:55

Pilates
Tina

Vendredi , 28.02

Samedi , 01.03

Dimanche , 02.03