

Lundi , 11.08

**18:30 - 19:25**

*Zumba*  
Gabriela

Mardi , 12.08

**10:00 - 10:55**

*Yoga*  
Pedro

**17:45 - 18:40**

*Bodycombat*  
Sonia

**18:45 - 19:40**

*Bodybalance*  
Sonia

Mercredi , 13.08

**09:15 - 10:10**

*Functional Workout*  
Monica

**10:15 - 10:45**

*Bauch Express*  
Monica

**18:00 - 18:45**

*TRX*  
Nancy

**19:00 - 19:55**

*Functional Workout*  
Nancy

Jeudi , 14.08

**18:00 - 18:55**

*Pump*  
Ruth

Vendredi , 15.08

**09:00 - 09:55**

*Functional Workout*  
Nadia

**10:00 - 10:55**

*Pilates*  
Nadia

Samedi , 16.08

Dimanche , 17.08