

Lundi , 17.03

18:30 - 19:25

Zumba
Gabriela

Mardi , 18.03

10:00 - 10:55

Yoga
Pedro

17:45 - 18:40

Bodycombat
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mercredi , 19.03

09:30 - 10:25

Functional Workout
Monica

10:35 - 11:05

P.I.I.T
Monica

18:00 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 20.03

18:00 - 18:55

Pump
Asena

Vendredi , 21.03

09:00 - 09:55

Functional Workout
Nadia

10:00 - 10:55

Pilates
Nadia

Samedi , 22.03

Dimanche , 23.03