

Lundi , 23.12

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Barbara

18:30 - 19:25

Zumba
Gabriela

Mardi , 24.12

17:45 - 18:40

Bodycombat
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mercredi , 25.12

18:15 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 26.12

18:00 - 18:55

Pump
Ruth

Vendredi , 27.12

09:00 - 09:55

Functional Workout
Barbara

Samedi , 28.12

Dimanche , 29.12