

Lundi , 09.12

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Barbara

18:30 - 19:25

Zumba
Gabriela

Mardi , 10.12

10:00 - 10:55

Yoga
Pedro

17:45 - 18:40

Bodycombat
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mercredi , 11.12

18:15 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 12.12

18:00 - 18:55

Pump
Ruth

Vendredi , 13.12

Samedi , 14.12

Dimanche , 15.12