

Lundi , 18.11

18:30 - 19:25

Zumba
Gabriela

Mardi , 19.11

10:00 - 10:55

Yoga
Pedro

17:45 - 18:40

Bodycombat
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mercredi , 20.11

09:00 - 09:55

Functional Workout
Beatrice

18:15 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 21.11

18:00 - 18:55

Pump
Ruth

Vendredi , 22.11

09:00 - 09:55

Functional Workout
Nadia

Samedi , 23.11

Dimanche , 24.11