

Lundi , 26.08

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Barbara

18:30 - 19:25

Zumba
Gabriela

Mardi , 27.08

10:00 - 10:55

Yoga
Pedro

17:45 - 18:40

Bodycombat
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mercredi , 28.08

09:00 - 09:55

Functional Workout
Nadia

19:00 - 19:55

Functional Workout
Barbara

Jeudi , 29.08

18:00 - 18:55

Pump
Asena

Vendredi , 30.08

09:00 - 09:55

Functional Workout
Nadia

Samedi , 31.08

Dimanche , 01.09