

Lundi , 19.08

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nancy

18:30 - 19:25

Zumba
Gabriela

Mardi , 20.08

10:00 - 10:55

Yoga
Pedro

17:45 - 18:40

Bodycombat
Noémie

18:45 - 19:40

Bodybalance
Noémie

Mercredi , 21.08

09:00 - 09:55

Functional Workout
Nancy

18:15 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 22.08

18:00 - 18:55

Pump
Ruth

Vendredi , 23.08

09:00 - 09:55

Functional Workout
Nancy

Samedi , 24.08

Dimanche , 25.08