

Lundi , 06.05

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nancy

**18:30 - 19:25**

*Zumba*  
Gabriela

Mardi , 07.05

**17:45 - 18:40**

*Kick Power*  
Sonia

**18:45 - 19:40**

*Bodybalance*  
Sonia

Mercredi , 08.05

**09:00 - 09:55**

*Functional Workout*  
Nancy

**18:15 - 18:45**

*TRX*  
Nancy

**19:00 - 19:55**

*Functional Workout*  
Nancy

Jeudi , 09.05

Vendredi , 10.05

**09:00 - 09:55**

*Functional Workout*  
Nancy

Samedi , 11.05

Dimanche , 12.05