

Lundi , 29.01

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nancy

18:30 - 19:25

Zumba
Lia

Mardi , 30.01

17:45 - 18:40

Kick Power
Team

18:45 - 19:40

Bodybalance
Team

Mercredi , 31.01

09:00 - 09:55

Functional Workout
Nancy

18:15 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 01.02

18:00 - 18:55

Pump
Ruth

Vendredi , 02.02

09:00 - 09:55

Functional Workout
Nancy

Samedi , 03.02

Dimanche , 04.02