

Lundi , 04.12

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nancy

18:30 - 19:25

Zumba
Gabriela

Mardi , 05.12

17:45 - 18:40

Kick Power
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mercredi , 06.12

09:00 - 09:55

Functional Workout
Nancy

18:15 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 07.12

18:00 - 18:55

Pump
Ruth

Vendredi , 08.12

09:00 - 09:55

Functional Workout
Nancy

Samedi , 09.12

Dimanche , 10.12