

**Lundi , 15.07**

**08:00 - 08:55**

*Spiralkraft*  
Monika

**09:10 - 10:05**

*Dance Step*  
Christina

**18:00 - 18:55**

*Pump*  
Sandra

**19:00 - 19:55**

*Kick Power*  
Irene

**20:10 - 21:05**

*Pilates*  
Monika

**Mardi , 16.07**

**10:35 - 11:30**

*Rückengym Physio*  
Bernadette

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Monika

**20:00 - 20:55**

*Zumba*  
Adina

**Mercredi , 17.07**

**10:10 - 11:05**

*Pilates*  
Vasiliki

**19:00 - 19:55**

*Pump*  
Irene

**20:10 - 21:05**

*Yoga*  
Tatjana

**Jeudi , 18.07**

**09:10 - 10:05**

*Pump*  
Irene

**10:20 - 11:15**

*Spiralkraft*  
Monika

**19:00 - 19:30**

*P.I.I.T*  
Vivienne

**19:35 - 20:05**

*Simply Core*  
Vivienne

**20:10 - 21:05**

*Pilates*  
Vivienne

**Vendredi , 19.07**

**09:15 - 10:10**

*Yoga*  
Tatjana

**Samedi , 20.07**

**Dimanche , 21.07**