

Lundi , 08.07

08:00 - 08:55

Spiralkraft
Monika

09:10 - 10:05

Dance Step
Christina

18:00 - 18:55

Pump
Sandra

19:00 - 19:55

Kick Power
Irene

20:10 - 21:05

Pilates
Monika

Mardi , 09.07

10:35 - 11:30

Rückengym Physio
Bernadette

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Monika

20:00 - 20:55

Zumba
Angela

Mercredi , 10.07

10:10 - 11:05

Pilates
Vasiliki

19:00 - 19:55

Pump
Irene

20:10 - 21:05

Yoga
Tatjana

Jeudi , 11.07

09:10 - 10:05

Pump
Katja

10:20 - 11:15

Spiralkraft
Monika

19:00 - 19:30

P.I.I.T
Vivienne

19:35 - 20:05

Simply Core
Vivienne

20:10 - 21:05

Pilates
Monika

Vendredi , 12.07

09:15 - 10:10

Yoga
Tatjana

Samedi , 13.07

Dimanche , 14.07