

**Lundi , 08.05**

<b>08:00 - 08:55</b> <i>Spiralkraft</i> Monika	<b>09:05 - 10:00</b> <i>Dance Step</i> Christina	<b>09:15 - 09:45</b> <i>Senioren Cycling</i> Irene	<b>17:50 - 18:45</b> <i>Pump</i> Tatjana	<b>19:00 - 19:55</b> <i>Cycling</i> Ralph	<b>19:00 - 19:55</b> <i>Kick Power</i> Irene	<b>20:10 - 21:05</b> <i>Pilates</i> Monika
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**Mardi , 09.05**

<b>09:10 - 09:40</b> <i>P.I.I.T</i> Irene	<b>09:40 - 10:10</b> <i>BBP Special</i> Irene	<b>10:35 - 11:30</b> <i>Rückengym Physio</i> Miriam	<b>18:00 - 18:55</b> <i>Spiralkraft</i> Monika	<b>19:00 - 19:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Monika	<b>20:10 - 21:05</b> <i>Zumba</i> Angela
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**Mercredi , 10.05**

<b>09:10 - 10:05</b> <i>Zumba</i> Miriam	<b>10:10 - 11:05</b> <i>Pilates</i> Vasiliki	<b>17:50 - 18:45</b> <i>Fitboxe</i> Irene	<b>19:00 - 19:55</b> <i>Pump</i> Irene	<b>20:10 - 21:05</b> <i>Yoga</i> Monica
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**Jeudi , 11.05**

<b>09:10 - 10:05</b> <i>Pump</i> Claudia	<b>10:20 - 11:15</b> <i>Spiralkraft</i> Monika	<b>18:00 - 18:55</b> <i>Rückengym Physio</i> Miriam	<b>19:00 - 19:30</b> <i>P.I.I.T</i> Vivienne	<b>19:35 - 20:05</b> <i>Simply Core</i> Vivienne	<b>20:10 - 21:05</b> <i>Pilates</i> Vivienne
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**Vendredi , 12.05**

<b>19:15 - 20:05</b> <i>Yoga</i> Nina
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**Samedi , 13.05**

**Dimanche , 14.05**

<b>10:00 - 10:55</b> <i>Zumba</i> Andrea
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