

Lundi , 10.04

Mardi , 11.04

09:10 - 09:40

P.I.I.T

Irene

09:40 - 10:10

BBP Special

Irene

18:00 - 18:55

Spiralkraft

Monika

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone

Monika

20:10 - 21:05

Zumba

Angela

Mercredi , 12.04

09:10 - 10:05

Zumba

Miriam

10:10 - 11:05

Pilates

Vasiliki

17:50 - 18:45

Fitboxe

Irene

19:00 - 19:55

Pump

Irene

20:10 - 21:05

Yoga

Nadine

Jeudi , 13.04

09:10 - 10:05

Pump

Claudia

10:20 - 11:15

Spiralkraft

Monika

19:00 - 19:30

P.I.I.T

Vivienne

19:35 - 20:05

Simply Core

Vivienne

20:10 - 21:05

Pilates

Monika

Vendredi , 14.04

09:15 - 09:45

P.I.I.T

Katja

09:50 - 10:45

Yoga

Katja

19:15 - 20:05

Yoga

Seraina

Samedi , 15.04

Dimanche , 16.04

09:00 - 09:55

Cycling

Julia

10:00 - 10:55

Zumba

Andrea