

### Lundi , 20.05

#### 09:30 - 10:25

*P.I.I.T Special*  
Carmen

### Mardi , 21.05

#### 09:00 - 09:55

*Yoga*  
Jeannette

#### 19:00 - 19:30

*P.I.I.T*  
Carmen

### Mercredi , 22.05

#### 08:00 - 08:55

*Pump*  
Manu

#### 09:05 - 10:00

*Fitboxe*  
Manu

#### 10:05 - 11:00

*Pilates*  
Manu

#### 19:00 - 19:55

*Pump*  
Erika

### Jeudi , 23.05

#### 18:00 - 18:55

*Pilates*  
Monica

#### 19:00 - 19:55

*Functional Workout*  
Monica

### Vendredi , 24.05

#### 08:00 - 08:55

*Rückengymnastik*  
Manu

#### 09:05 - 10:00

*Pump*  
Manu

#### 17:30 - 18:25

*Pump*  
Melanie

### Samedi , 25.05

#### 09:00 - 09:55

*Pump*  
Erika

### Dimanche , 26.05