

**Lundi , 13.05**

**08:00 - 08:55**

*Pump*  
Manu

**09:05 - 10:00**

*Functional Workout*  
Manu

**10:00 - 10:30**

*Simply Core*  
Manu

**12:00 - 12:55**

*Pump*  
Manu

**19:00 - 19:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Monica

**Mardi , 14.05**

**09:00 - 09:55**

*Yoga*  
Vesna

**19:00 - 19:30**

*P.I.I.T*  
Carmen

**Mercredi , 15.05**

**08:00 - 08:55**

*Pump*  
Manu

**09:05 - 10:00**

*Fitboxe*  
Manu

**10:05 - 11:00**

*Pilates*  
Manu

**19:00 - 19:55**

*Pump*  
Erika

**Jeudi , 16.05**

**18:00 - 18:55**

*Pilates*  
Monica

**19:00 - 19:55**

*Functional Workout*  
Monica

**Vendredi , 17.05**

**08:00 - 08:55**

*Rückengymnastik*  
Manu

**09:05 - 10:00**

*Pump*  
Manu

**17:30 - 18:25**

*Pump*  
Erika

**Samedi , 18.05**

**09:00 - 09:55**

*Pump*  
Manu

**10:00 - 10:55**

*Fitboxe Special*  
Manu

**Dimanche , 19.05**