

Lundi , 29.04

08:00 - 08:55

Pump
Melanie

09:05 - 10:00

Functional Workout
Melanie

10:00 - 10:30

Simply Core
Melanie

12:00 - 12:55

Pump
Melanie

18:00 - 18:55

Cycling
Patrick

19:00 - 19:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Monica

Mardi , 30.04

09:00 - 09:55

Yoga
Jeannette

19:00 - 19:30

P.I.I.T
Carmen

Mercredi , 01.05

Jeudi , 02.05

18:00 - 18:55

Pilates
Monica

19:00 - 19:55

Functional Workout
Monica

Vendredi , 03.05

08:00 - 08:55

Rückengymnastik
Angelina

09:05 - 10:00

Pump
Adriana

17:30 - 18:25

Pump
Melanie

Samedi , 04.05

09:00 - 09:55

Pump
Erika

Dimanche , 05.05