

Lundi , 01.04

09:00 - 10:30

Pump meets P.i.i.t
Manu

Mardi , 02.04

09:00 - 09:55

Yoga
Jeannette

19:00 - 19:30

P.I.I.T
Carmen

Mercredi , 03.04

08:00 - 08:55

Pump
Manu

09:05 - 10:00

Fitboxe
Manu

10:05 - 11:00

Pilates
Manu

18:00 - 18:55

Cycling
Ruedi

19:00 - 19:55

Pump
Erika

Jeudi , 04.04

18:00 - 18:55

Pilates
Monica

19:00 - 19:55

Functional Workout
Monica

Vendredi , 05.04

08:00 - 08:55

Rückengymnastik
Manu

09:05 - 10:00

Pump
Manu

17:30 - 18:25

Pump
Melanie

Samedi , 06.04

09:00 - 09:55

Pump
Erika

Dimanche , 07.04