

Lundi , 25.12

09:30 - 11:00

Pump meets P.i.i.t
Manu

Mardi , 26.12

Mercredi , 27.12

08:00 - 08:55

Pump
Manu

09:05 - 10:00

Fitboxe
Manu

10:05 - 11:00

Pilates
Manu

18:00 - 18:55

Cycling
David

19:00 - 19:55

Pump
Erika

Jeudi , 28.12

18:00 - 18:55

Pilates
Monica

19:00 - 19:55

Functional Workout
Monica

Vendredi , 29.12

08:00 - 08:55

Rückengymnastik
Manu

09:05 - 10:00

Pump
Manu

17:30 - 18:25

Pump
Melanie

Samedi , 30.12

09:00 - 10:50

Pump meets P.i.i.t
Manu

Dimanche , 31.12