

Lundi , 10.03

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Mardi , 11.03

18:00 - 18:55

Pump
Madlaina

19:00 - 19:55

Pilates
Madlaina

Mercredi , 12.03

18:00 - 18:55

Interval Training
Eveline

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 13.03

09:30 - 10:25

Pilates
Aiyana

18:20 - 18:50

Full Body Workout
Eveline

19:00 - 19:55

Zumba
Maria Pia

Vendredi , 14.03

Samedi , 15.03

Dimanche , 16.03