

Lundi , 09.12

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Mardi , 10.12

18:00 - 18:55

Pump
Madlaina

Mercredi , 11.12

18:00 - 18:55

Interval Training
Team

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 12.12

09:30 - 10:25

Pilates
Aiyana

18:20 - 18:50

Full Body Workout
Eveline

19:00 - 19:55

Zumba
Maria Pia

Vendredi , 13.12

Samedi , 14.12

Dimanche , 15.12