

Lundi , 02.12

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jasmin

**19:05 - 20:00**

*Fitboxe*  
Eveline

Mardi , 03.12

**18:00 - 18:55**

*Pump*  
Alexandra

Mercredi , 04.12

**18:00 - 18:55**

*Interval Training*  
Team

**19:05 - 20:00**

*Fitboxe*  
Eveline

Jeudi , 05.12

**09:30 - 10:25**

*Pilates*  
Aiyana

**18:20 - 18:50**

*Full Body Workout*  
Eveline

**19:00 - 19:55**

*Zumba*  
Maria Pia

Vendredi , 06.12

Samedi , 07.12

Dimanche , 08.12