

Lundi , 30.09

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Mardi , 01.10

18:00 - 18:55

Pump
Madlaina

Mercredi , 02.10

17:55 - 18:25

P.I.I.T
Luana

18:25 - 18:55

Simply Core
Luana

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 03.10

09:30 - 10:25

Pilates
Aiyana

18:20 - 18:50

Full Body Workout
Eveline

19:00 - 19:55

Zumba
Maria Pia

Vendredi , 04.10

Samedi , 05.10

Dimanche , 06.10