

Lundi , 18.03

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Mardi , 19.03

18:00 - 18:55

Pump
Madlaina

Mercredi , 20.03

17:55 - 18:25

P.I.I.T
Madlaina

18:25 - 18:55

Simply Core
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 21.03

09:30 - 10:25

Pilates
Cordelia

18:20 - 18:50

Full Body Workout
Eveline

19:00 - 19:55

Zumba
Maria Pia

Vendredi , 22.03

Samedi , 23.03

Dimanche , 24.03