

Lundi , 08.01

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Madlaina

**19:05 - 20:00**

*Fitboxe*  
Eveline

Mardi , 09.01

**18:00 - 18:55**

*Pump*  
Madlaina

Mercredi , 10.01

**17:55 - 18:25**

*P.I.I.T*  
Luana

**18:25 - 18:55**

*Simply Core*  
Luana

**19:05 - 20:00**

*Fitboxe*  
Eveline

Jeudi , 11.01

**09:30 - 10:25**

*Pilates*  
Cordelia

**18:20 - 18:50**

*Full Body Workout*  
Eveline

**19:00 - 19:55**

*Zumba*  
Maria Pia

Vendredi , 12.01

Samedi , 13.01

Dimanche , 14.01