

Lundi , 04.12

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Mardi , 05.12

18:00 - 18:55

Pump
Madlaina

19:00 - 19:55

Functional Workout
Madlaina

Mercredi , 06.12

17:55 - 18:25

P.I.I.T
Luana

18:25 - 18:55

Simply Core
Luana

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 07.12

09:30 - 10:25

Pilates
Cordelia

19:00 - 19:55

Zumba
Maria Pia

Vendredi , 08.12

Samedi , 09.12

Dimanche , 10.12