

Lundi , 13.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Mardi , 14.11

18:00 - 18:55

Pump
Madlaina

19:00 - 19:55

Functional Workout
Madlaina

Mercredi , 15.11

17:55 - 18:25

P.I.I.T
Luana

18:25 - 18:55

Simply Core
Luana

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 16.11

09:30 - 10:25

Pilates
Cordelia

17:55 - 18:50

Power Step Special
Eveline

19:00 - 19:55

Zumba
Patricia

Vendredi , 17.11

Samedi , 18.11

Dimanche , 19.11